



Diabetes Alert Dog Guide Program Discovery Package



ABOUT LIONS FOUNDATION OF CANADA DOG GUIDES

Lions Foundation of Canada Dog Guides (LFCDG) empowers Canadians living with disabilities to navigate their world with confidence and independence, by providing a Dog Guide at no cost and supporting them in their journey together. Located in Oakville, Ontario with a breeding and training facility in Breslau (between Kitchener and Guelph), we are the only school to train Dog Guides in seven distinct programs.

From breeding to rearing and training with a lifetime of follow-up services, each Dog Guide requires an investment of \$35,000 to train and place. The Foundation relies on donations to provide these special matches and does not receive any government funding. Each client who is accepted into a program is matched with a Dog Guide at no cost.

LFCDG has been operating under the highest standards for 40 years. We are a founding member of the Canadian Association of Guide & Assistance Dog Schools and a fully accredited member of International Guide Dog Federation, Assistance Dogs International, and Imagine Canada.

We are dedicated to fostering an inclusive and diverse environment that values and respects the unique perspectives, backgrounds, and experiences of all our stakeholders. We are committed to providing equal opportunities, promoting fairness, and eliminating discrimination in all aspects of our interactions.

We have matched over 3,000 clients to Dog Guides across the country.

ABOUT THE PROGRAM

Our Diabetes Alert Dogs (DAD) are trained to assist individuals diagnosed with Type 1 Diabetes (insulin dependent) by providing specific tasks and advanced scent work. Our dogs are expected to maintain the highest level of behavioural obedience as they help clients manage their diabetes.

The special skills our Diabetes Alert Dogs are trained for include:

- Low alerts: The dog can alert their handler to the smell of a chemical change caused by low blood sugar. The dog uses a physical alert, such as a paw or nose nudge to alert their handler they must check their low blood sugar.
- Fetch: The dog can fetch a medical kit, leash, and a commonly used item used to treat a hypoglycemic episode, such as a juice box.
- Help: The dog will bark for help continuously when asked, or when the client drops unconscious.
- Go-Get: The dog can go and get someone in an in-home environment.

Scent Training:

Our Instructors train our dogs with donated saliva samples from volunteers with Type 1 Diabetes. Our volunteers are taught how to collect saliva samples safely when having a diabetic low. We instruct our volunteers to saturate dental gauze with their saliva. These samples are then frozen until needed for training at Dog Guides. These samples are referred to as 'scent pots'.

It is typically harder for dogs to identify the smell from a scent pot as the scent is only escaping from a small hole in the cannister. When a client is having a live low, the scent is available from their skin, sweat and breath.

Please note that all applicants should be able to provide recorded daily blood glucose logs for at least 3 consecutive months.

ABOUT OUR DOGS

At Dog Guides, we have established our own breeding program which consists of the following breeds:

- Labrador Retriever
- Golden Retriever
- Labrador Retriever X Golden Retriever
- Standard Poodle – these are reserved for clients with allergies to dog fur



Prior to dogs being matched with clients, the following health procedures are completed to ensure each dog is fit for life as a Dog Guide:

- Hips and elbows x-rayed
- Eyes are screened by an ophthalmologist
- Males are neutered
- Females are spayed
- Wellness exam

All of our puppies are raised by volunteer foster families until they are approximately 10-14 months of age, at which time they return to our training center in Oakville. Once we have determined which program a dog is best suited for, it will enter advanced training for 4-6 months. Training will focus on special skills intended to increase the confidence and daily independence of the client the dog will be matched with. Skills are unique in each program. Dogs are evaluated throughout training to ensure each dog has reached a certain standard before it can be matched with a client. The dogs are approximately 2 years of age when matched with an accepted applicant and placed into team training.

All of our Dog Guides are ambassadors for the organization, so their physical, emotional and mental well-being must be maintained for them to remain

working. If it is deemed that the Dog Guide is not being cared for or utilized for its intended purpose, staff will intervene and determine the best course of action for both the Dog Guide and the client.

QUALIFICATION CRITERIA

- Be 14 years or older
- Medical diagnosis of Type 1 (Insulin Dependent), minimum 1 year since diagnosis
- Experience an average of 2 lows per week (during the period that you are awake) when averaged on a monthly basis. * A low is considered a blood glucose level of 4.5 mmol/L or lower
- Be able to submit three months of daily logs of your blood glucose levels. When looking at the 3 months of logs submitted, each 4 week period must produce an average of 2 lows per week
- Non-smoking, non-vaping handler and household
- Be able to independently work with and maintain a Diabetic Alert Dog's training
- Dog must reside in a home that is deemed safe
- Committed to actively improving your quality of life and pursuing independence with a Dog Guide
- Have no other dog in the home (can have other animals)
- Must be residing in Canada
- Have not been convicted of cruelty, abuse, or neglect of animals or humans, crimes against humanity, or violence against animals or humans.

COMMITMENT, RESPONSIBILITIES AND EXPECTATIONS

- The client (or in the case of a minor, a parent or guardian) must be willing to attend on-site training and be physically and cognitively capable of participating in the on-site training process, up to 19 consecutive days.
- There are no fees related to applying and training with your Dog Guide. If you are accepted, however, once you have graduated, you become responsible for all costs related to the care of your Dog Guide.
- Clients are responsible for maintaining contact with LFCDG staff and submitting all vet reports for the working life of their Dog Guide. Weight reports are required every six months, and vet reports are required once annually.
- Clients are responsible for keeping all their contact information (address, phone number and email) up to date with Dog Guides at all times.
- Dog Guides will contact each client monthly for the first six months after returning home to provide support, and once annually after the first year for the duration of the Dog Guide's career. Communication can take place via email, phone, video, or in person visits.
- The client is responsible for maintaining the skills of their Dog Guide and is expected to continually work on the dog's obedience and skills
- Applicants have the right to leave the process at any time for any reason after having informed Lions Foundation of Canada Dog Guides.
- Applicants are not required to undertake any public relations or fundraising activities.



JOURNEY

Step 1: Discovery

You are here! Learn as much about the program as possible to ensure you meet the qualification criteria, and are able to fulfill the commitment, responsibilities and expectations of being matched with a Dog Guide. Applying is an intensive and emotional journey you will be required to participate in if you wish to move forward. It is important to understand all you can before making this important decision.

Step 2: Expression of interest

At certain points in time, we will have room on our waitlists and will begin inviting individuals to initiate the application process. At this early stage, you will tell us a bit about yourself by completing our expression of interest questionnaire. If you meet the basic program requirements, we will arrange a phone interview to discuss your expression of interest, continue the discovery process and help us understand if we are able to move forward in the process. If we receive more expressions of interest than available spots on our waitlist, we will select a limited number randomly and process those expressions of interest only. Those who are not selected will need to wait for the next time Expression of Interests reopen to reapply.

Step 3: Application

If we determine you meet our program qualification criteria and feel you are able to fulfill the commitment, responsibilities and expectations of being matched with a Dog Guide, you will be required to complete a detailed application form. At this time, we will require supporting information from your healthcare providers. We will also schedule an in-home visit to meet with you in person, so that we can learn more about your daily life and see where the Dog Guide would reside. Once we have gathered all this information, it will be brought forward to our Acceptance Committee to determine if we are able to match you with a dog that will improve the quality of your life based on the training a Dog Guide receives. We will consider the benefits the Dog Guide will bring to your life, your means to care for a Dog Guide emotionally and physically, and your understanding of the commitment a Dog Guide requires.

Step 4: Dog and client matching

If you are accepted into a program, we will identify a great canine match based on your specific needs. Once this has happened, we will notify you and begin making arrangements for you to attend team training.

Step 5: On-site training

You will be our guest as we train you to work with the Dog Guide you have been matched with. You will stay with us at our Oakville, Ontario facility for up to 3 weeks of classes. You will attend class with other people who have also been matched with a Dog Guide. During this time, we will provide you with all meals, and will cover the costs of travel for you to come to Oakville. Training is intensive – your days will be filled with classroom learning, hands-on dog handling, excursions and lots of discussions.

Step 6: Ongoing support

We will stay in touch with you for the working life of the dog to ensure you have all the support you need, and that the dog maintains its skills and good health. You will always have access to skilled trainers should you require any help or advice regarding your Dog Guide.

Overall, the journey from discovery to receiving a Dog Guide could take up to two years. Not everyone who begins this journey will receive a Dog Guide. It is our responsibility to place Dog Guides with individuals who will receive the greatest benefit and can commit to maintaining the Dog Guide's skills and good health for its entire career.



Last updated May 2026. Subject to change at the discretion of Lions Foundation of Canada Dog Guides.

Lions Foundation Of Canada Dog Guides

Canine Vision • Hearing • Service • Seizure Response
Autism Assistance • Diabetes Alert • Facility Support

